

Leaders



PHIL ROBINSON RETIRES

His Transformational Legacy Lives On

PLUS

A World First:
Robotic Coronary Bypass
Performed on Pregnant Patient

Meet Katie Galbraith:
New President Brings
Deep Experience to Lankenau

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IN MEMORIAM: DR. JOHN R. SENIOR

Dr. John R. Senior, who died on January 25, 2022, was a physician-scientist specializing in hepatology and gastroenterology. He served in a variety of roles over his 65-year career—a clinical professor of medicine at the University of Pennsylvania, senior attending physician and director of the gastrointestinal research laboratory at Philadelphia General Hospital, and associate director of science for the U.S. Food and Drug Administration. Dr. Senior and his loving wife of 69 years, Sara Spedden Senior, a Lankenau Medical Center Foundation Trustee, are longtime Lankenau supporters.

IN MEMORIAM: REEDER RODMAN FOX

Reeder Rodman Fox, who died on February 13, 2022, started his legal career at Duane Morris in 1959, where he remained for 56 years until retiring in 2015. He had many outside interests including golf, photography, reading, and attending his children’s athletic events. Reeder and his loving wife of 59 years, Marion Laffey Fox, a Lankenau Medical Center Foundation Trustee, are longtime Lankenau supporters.

IN MEMORIAM: DR. GEORGE A. REICHARD

Dr. George A. Reichard, who died on April 4, 2022, was president of the Lankenau Medical Research Center (LMRC), now the Lankenau Institute for Medical Research (LIMR), from 1987-1998. During his tenure, LMRC constructed a state-of-the-art facility that remains the home of LIMR researchers.

IN MEMORIAM: DR. MICHAEL A. MANKO

Dr. Michael Manko, who died on June 16, 2022, was an infectious disease specialist in internal medicine at Lankenau Medical Center for 50 years. During his career, Dr. Manko was respected by colleagues, as well as the numerous physicians who trained under his leadership of Lankenau’s Internal Medicine Residency program. Dr. Manko inspired physicians to provide the best care possible to patients with compassion. He served as department chair of Internal Medicine from 1979 until his retirement in 1997, then was a consultant to Lankenau for 10 years.

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FROM THE president



It is one of the most moving and poignant testaments to teamwork, commitment, dedication and patient experience I have witnessed during my career.

From the very minute we entered the Lankenau emergency room, our son received the kind of laser-focused attention that his increasingly dire condition warranted. The providers were kind and appropriately forthcoming. We were comforted by the utter competence that was on display as they worked on our child at breakneck speed. We were visited by members of your spiritual care team who provided us with real comfort and authentic care throughout the entire ordeal—they were incredible advocates. The entire staff assigned to our son’s care were fighting for his life alongside him as if he were their nephew or cousin or son. The amazing staff were so highly skilled and kept a firm grip on anticipating risk and assessing the situational awareness in a very dynamic operating environment. They were also incredibly sweet to our son, encouraging him to fight and making sure he was seen as a person. Up until the very last moment, their efforts were exhaustive. The team gave us the appropriate time with him and then returned to say a collective prayer for our beloved son and to honor the war they had waged to save him. We were so touched by their dedication and yet could see the emotional toll that it had taken on them all—they “left it all on the field” that day for our son.

As I reflect on my tenure as President of Lankenau Medical Center, I can confidently say this role has been the highlight of my career.

What an incredible 12 years it has been. I am immensely proud of how the medical center has grown and evolved during this time. The many achievements we highlight in this issue of *Lankenau Leaders* are examples of the overarching vision I set out upon joining Lankenau—continue to bring world-class care to the region, foster medical research and education, and enhance the patient experience.

We have accomplished this mission by recruiting outstanding physicians who have built innovative programs like robotic surgery and cardio-obstetrics. We have strengthened the communities we serve by treating the whole patient and addressing spirituality with pastoral care and the addition of Lankenau’s Shabbat Suites. We have partnered with neighbors in West Philadelphia to address disparities of care. We have built the Barbara Brodsky Suites, which embody restorative comfort and well-being. We have laid the groundwork for new expertise, new ideas and new solutions by creating world-class medical education and research programs. All these patient-focused enhancements have led to being named the #3 best hospital in the region by *U.S. News and World Report*—a significant accomplishment in such a renowned health care market.

The Lankenau team is known for going above and beyond for our patients and their families. This patient-first attitude can be seen every day on our floors and in our medical office buildings. I remain humbled by the account that follows—submitted by the parents of one of our patients.

Accounts like this leave me incredibly confident in the Lankenau team and in the future of health care overall. While these recent years have been trying for us all and the health care sector will continue to face obstacles, I know deeply that our providers are more prepared and committed than ever before, our scientists have a renewed focus on discovery, and our trainees show up every day eager to learn and make a difference. The future is bright.

I thank each and every one of you for your commitment to our institution and your partnership in guiding our upward trajectory during my tenure at Lankenau. I could not be more proud of or humbled by this community for their steadfast support. And please do stay tuned—the coming years at Lankenau under my successor, Katie Galbraith, MBA, FACHE, are sure to be exciting, and I hope you will continue to be a loyal supporter and advocate far into the future.

Sincerely,

Phillip D. Robinson, FACHE
President



PHIL ROBINSON'S *Legacy at Lankenau and Beyond*



RETIRING PRESIDENT RECALLS MEANINGFUL MOMENTS

“The good Phil has done for our community and our patients over his 12 years cannot possibly be overstated. He has a vision for where excellent health care is going, and he does not rest until he has brought it to Lankenau.”

FRANCIS SUTTER, DO

Phil Robinson has made a tremendous contribution to heart health in southeastern Pennsylvania, but you won't hear it from him. Robinson, the recently retired president of Lankenau Medical Center, is the type of leader who is quick to praise the work of others and considers his contributions to be a small piece of a combined effort. Robinson has a natural way of nudging the spotlight elsewhere.

“We've recruited a number of world-class physicians, especially in the cardiovascular space, that really took our heart program to unparalleled heights,” he said. “We're constantly being rated as one of the best heart hospitals in the country. Our approach has been very purposeful and thoughtful with strategic recruitment and investment in technology, facilities and scientists so we can be on the leading edge with cardiovascular clinical care and research.”

While that is true, what he doesn't say is that the quiet recruiter behind the scenes is Robinson himself.

When urged, Robinson said he takes pride in the construction of the Heart Pavilion, the cornerstone of the Lankenau Heart Institute (LHI). The five-story, 274,000-square-foot facility with 96 private inpatient rooms opened in 2013 and was, at the time, one of the area's largest construction projects.

The Lankenau Heart Institute further established Main Line Health as a destination for best-in-class cardiovascular care and research. Since its launch, LHI has more than doubled its cardiovascular surgery volume, and its nationally recognized experts specialize in minimally invasive treatments.

LHI is at the forefront of advancing transcatheter aortic valve replacement for patients with severe aortic stenosis. It boasts expertise in preventive cardiology, cardio-obstetrics, imaging, and beyond, and it provides access to the latest cardiovascular clinical trials as well, many of them facilitated by primary investigators right here at Lankenau.

None of these advances in heart care would have happened without Robinson working in the background—recruiting, negotiating, explaining and encouraging the many stakeholders needed to bolster advanced, complex care at Lankenau.

“The good that Phil has done for our community and for our patients over his 12 years cannot possibly be overstated,” said Francis Sutter, DO, chief of cardiac surgery for Lankenau Medical Center. “He has a vision for where excellent health care is going, and Phil did not rest until he brought it to Lankenau. He created a footprint for us to continue to build upon.”

EXPANSION TIMED WELL

Robinson's tireless work ethic also served the Lankenau community well during the COVID-19 pandemic. When the outbreak took hold, Robinson's foresight in expanding the Emergency Department and Trauma Center was evident and vital to the hospital's response. Robinson called the expansion project a labor of love that was much needed. "This was a gamechanger for serving our community," he said. The facility's trauma bays are equipped to allow for immediate access to life-saving procedures. The expansion more than doubled the number of private patient beds to 54 and added 32,000 square feet of space, tripling the size of the department just when it was needed the most.

"I've said many times how important the expanded facility was to our success in caring for patients during the pandemic," Robinson said.

"We had enough space in the Emergency Department to quickly move patients out of the waiting room, triage them and get

them into beds. It would have been much more difficult to keep patients socially distanced in our previous space," said Fran Cusick, vice president, patient care services.

"Every person in our community has Phil to thank for Lankenau's remarkable response to COVID-19," said Peter Havens, Lankenau Medical Center Foundation trustee. "Lankenau's medical and administrative staff were hit with a tsunami and stood fast and strong over many months to bring their best to us all."

With Robinson's sights set on the future, he has played an enormous role in ensuring that Lankenau excels at educating medical students, residents and fellows who will carry on a commitment to the community. Graduates of the center's training programs are often placed throughout Main Line Health, underscoring their passion for serving this region and highlighting Lankenau's excellence in medical education, Robinson said.

FROM MASTER PLAN TO MEDICAL RESEARCH, PHIL ROBINSON'S ACHIEVEMENTS

Here are some of Phil Robinson's accomplishments, in addition to those mentioned in our feature story:

- Leading the Lankenau Master plan, a campus renovation that included the construction of the Heart Pavilion, an intensive care unit, breast center, hybrid operating room, catheterization laboratory, power plant and parking garage.
- Employing new surgical technology and pioneering new treatment techniques and programs, including the da Vinci® Single Port Surgical System and robotic-assisted bronchoscopy platform, aortic surgery and transcatheter aortic valve replacement programs, and a hybrid operating room.
- Serving as a founding member of Together for West Philadelphia, an organizational partnership that seeks to improve access to health, education, food, housing and opportunity for residents of West Philadelphia.
- Conducting a strategic review of Main Line Health's education and research enterprises, which led to an enriched partnership with Thomas Jefferson University Hospital.
- Recruiting and educating the next generation of health care leaders at Main Line Health, including strengthening the system's academic partnership with Philadelphia College of Osteopathic Medicine.
- Placing 130 displaced clinicians and staff from the closed Hahnemann University Hospital in roles across Main Line Health.

- Supporting grant opportunities and commercialization of products and inventions to reinforce Lankenau Institute for Medical Research's reputation as a hub for groundbreaking medical research.
- Elevating the profile of Lankenau Medical Center as a destination for best-in-class care and medical research, as named by *U.S. News & World Report*, Becker's Hospital Review and Healthgrades.

Robinson's tenure has also seen the establishment of several other important facilities and initiatives:

- Certification of Lankenau Medical Center as a Level II trauma center.
- Extension of patient accommodations, including the Shabbat Suites and Barbara Brodsky Suites.
- Creation of Birnhak Transitional Care Center in partnership with Abramson Senior Care.
- Establishment of strategic partnerships to elevate international visibility for Lankenau, including the Lankenau-Israel Strategic Alliance and Lankenau's participation in the Philadelphia International Medicine network.
- Extension of medical education offerings and accreditations, including the Clinical Pastoral Education program, Pulmonary/Critical Care fellowship and Family Practice residency at Lankenau Medical Center.
- Development of an exclusive partnership with Saint Joseph's University to provide student health and athletic training services, among other programs.

ORGANIC FARM, A FAVORITE

Of all the initiatives Robinson has led at Lankenau, perhaps none delights him more than the Delema G. Deaver Wellness Farm, a year-round organic garden that has produced more than 32,000 pounds of produce and educated more than 2,000 youth since its opening on Earth Day, April 22, 2016.

He drew the idea to create the on-site farm from former First Lady Michelle Obama's 2009 planting of a garden on the south lawn of the White House. (In 2016, he represented Lankenau at the White House and received special recognition from the First Lady.) Both projects are aimed at teaching children how food is grown and helping them make good food choices.

The Deaver Wellness Farm is an expansion of the Delema G. Deaver Health Education Center on Lankenau's campus. The Center serves more than 10,000 students annually and educates them about health and wellness, which is often not part of the school curriculum, Robinson said. "We stepped into that breach," he said.

The farm has also become a favorite of doctors in training. "Our most popular elective among internal medicine residents is to work with the farmers to learn more about nutrition and healthy eating," he said.

ARTIFICIAL INTELLIGENCE ADVANCES COMING

Soon Robinson will return to his ranch in Texas and begin teaching health care administration part time to graduate students at his alma mater, Texas A&M University's School of Public Health. He already has ideas of what to tell students to anticipate in the future. "Get ready for big changes," he plans to say. "Artificial Intelligence (AI) will absolutely revolutionize health care."

Robinson chuckled recalling that when he began his career in 1980, he had three items on his desk: a ruler, an adding machine and an IBM Selectric typewriter. "The pace of change has hastened dramatically over the years because of technology."

Advances in AI will eventually lead to personalized treatment, he said. "We're just getting to where electronic medical records follow patients through their lifetimes. We will have, for the first time, a complete picture of a person's health over time. This is exciting for health care because eventually we'll be able to track minor changes in health over time and know what implications those changes might have on a person's health," he said.

"I can envision a time where we will have a tool that can help us anticipate who is going to be the most susceptible to a particular disease, or who we need to track more closely," Robinson said. "There will be predictors identifying patients who may be predisposed to specific conditions, allowing us to intervene earlier."

Another key issue for students is to understand the complexity of leading a hospital, which contains many more layers than other large organizations, he said. "Hospitals and health systems are some of the most complex organizations to run, and that will continue to be true," he said. The complexity is



multifaceted: hospitals are always open, they care for individuals who are not necessarily at their best, they care for individuals who may have a multitude of health and social challenges, and they are staffed by employees from a variety of backgrounds who work in all levels of the organization, Robinson explained. "You can never lose sight that you are really in the people business," said Robinson, whose first job in health care was as an orderly.

"That first role taught me the importance of every single member of the health care team," he said. "It grounded me in the nature of our work: hard, physical, often emotional, and always humbling in the way we impact the lives of those we care for and serve."

When Robinson looks to identify health care opportunities in the future, he shares his concern about limitations in accessing health care. He is troubled by the inequitable access the current systems breed. "If you're insured, employed and have resources, you have very different access to health care than others," he said.

"As leaders in what I consider to be the noblest of professions, we also must care about what happens outside our walls," Robinson said. "I have learned over the years that we must focus on and truly understand the needs of our communities and the causes—clinical and otherwise—that bring patients to us, especially in emergency and urgent situations. To do otherwise can be frustratingly futile, not to mention costly."

"We are obligated to improve the health of those we serve. My personal pivot to address health equity and the social determinants of health, and lead my organization into that work, has been one of the most rewarding highlights of my career," Robinson said.

Robinson took a moment to reflect on the many people he worked with at the Medical Center. He praised the staff, which he described as "incredible and dedicated" and whose collaborative culture "feels like a big family." And while he won't miss rising to a 5 o'clock alarm every morning, "what I will miss is the people... the people here at every level." ■



Without Missing a Beat

LANKENAU PHYSICIANS PERFORM THE WORLD'S FIRST ROBOTIC CORONARY ARTERY BYPASS GRAFTING SURGERY ON A PREGNANT PATIENT.

Nausea and heartburn are common during pregnancy, so when Laura Yohe awoke at 2:30 a.m. on Dec. 16, 2021, with severe cases of both, she didn't think too much of it. Within a few hours the discomfort had eased, and later that morning she was able to get her almost-4-year-old son, Ellis, off to daycare without a hitch.

But soon the pain returned so intensely that Laura, who was 20 weeks pregnant, curled into a ball on the floor. She called her obstetrics practice, Women for Women OB/GYN—whose providers are affiliated with Lankenau—and was instructed to go to the nearest emergency room.

"Luckily, I listened," Laura says.

She's right—she is lucky. Although nobody knew it yet, Laura didn't have heartburn. She'd had a heart attack. The event set her on a scary but fortuitous path, starting at her community hospital and ending at home with a healthy baby boy named Rhys. In between, she was at Lankenau, where clinicians spanning more than half a dozen specialties collaborated to devise and execute a care plan that would repair her heart without compromising her pregnancy. They succeeded, shepherding Laura through what they believe was the first robotic coronary artery bypass grafting (CABG) surgery ever performed on a pregnant patient.

"This wasn't done cavalierly; no decisions were made in isolation," says Katie Hawthorne, MD, Laura's cardiologist and an expert in cardio-obstetrics. "Laura's case exemplifies teamwork. As soon as she came in, we were involving cardiology, interventional cardiology, cardiac surgery, anesthesia, OB, maternal-fetal medicine, our pharmacist and a million nurses—an army of people who would get her healthy and through the rest of her pregnancy. Our ability to put this team together is a major strength of Lankenau. Everyone we needed was right here, ready to put their heads together."

UNEXPECTED CHALLENGES

Laura and her husband, Erick, always wanted to have children. In 2008, a year after they married, they bought a house in Springfield, PA—a cozy three-bedroom that backed up to a park with a playground they envisioned their future children enjoying.

Difficulties conceiving left them crestfallen, and a decade passed before they finally welcomed Ellis. They returned to their fertility specialist in early 2021 and were relieved when Laura got pregnant again. After falling ill halfway through her second trimester, she exhaled when the staff at her local hospital, which was only partly operational due to COVID-related staffing issues, transferred her to Lankenau.

"This pregnancy was very hard to achieve and very important to me," she says. "We still didn't know what was wrong at that point, and I needed to feel confident that all the right people were considering both me and my baby at every step."

Lankenau Cardiologist Eric Gnall, DO, took Laura to the cardiac catheterization lab, where testing revealed two blockages in her coronary arteries—the vessels that carry oxygen-rich blood to the heart to keep it functioning. He admitted her to the intensive care unit immediately.

Heart disease has been on the rise in younger women. According to research published in the journal *Circulation*, over the past two decades, the percentage of women age 35 to 54 hospitalized for heart attacks rose from 21 to 31 percent—likely due to increased risk factors like obesity, sedentary behavior, hypertension, diabetes and stress. Even though Laura has a family history of heart problems, coronary artery disease—caused when fat, cholesterol, calcium and other substances build up and block the blood's path to the heart—is an unusual diagnosis in women of childbearing age.

"When she first arrived, we were not even thinking she'd had a heart attack, because it is so rare for a 40-year-old to develop



L to R: Katie Hawthorne, MD, Cardiology-Obstetrics; Grace Levine, MD, Obstetrics-Gynecology; and Gianluca Torregrossa, MD, Cardiac Surgeon

coronary artery disease. We generally see that in patients in their 60s or older,” says Gianluca Torregrossa, MD, director of Robotic Coronary Surgery and Coronary Revascularization and the surgeon who ultimately performed Laura’s procedure. “This is not a patient we would generally treat for this type of disease, and it was complicated. We didn’t want to place stents, because while they can be a good solution, to deploy them you need to give radiation and medications that are not safe in pregnancy.”

Says Hawthorne, “So, after about 27 phone calls and meetings where we played out every possible scenario and its risks, we decided that what was best for Laura long-term was cardiac bypass. There is no way she could have waited until after delivery. It could have ended in disaster for her and then, of course, for her pregnancy.”

Surgery was scheduled for December 22, and Laura prepared herself to spend Christmas in the hospital.

A FIRST FOR ALL

During CABG, blood vessels taken from other parts of the body are connected above and below a narrowed or blocked artery to reroute blood so it reaches the heart. In conventional open-heart surgery, a patient’s sternum, or breastbone, is cut in half so the surgeon can access the organ, which is stopped temporarily while an external heart-lung bypass machine pumps blood throughout the body.

Such an extensive procedure is not ideal during pregnancy, so Laura’s team broached the idea of doing it robotically. Robotic surgery, a minimally invasive alternative in which a surgeon views the operative field three-dimensionally on a monitor while controlling a set of robotic arms that precisely replicate his or her hand movements, brings clear advantages: smaller incisions, a reduced infection risk, less bleeding and postoperative pain, and shorter inpatient stays and recovery times. In the case of CABG, it eliminates the need to stop the heart.

The Lankenau Heart Institute is one of few institutions worldwide that offer robotic coronary surgery, and Lankenau performs the highest volume of robotic coronary surgery anywhere. Even so, the leaders of the robotic coronary revascularization program—Torregrossa and Chief of Cardiac Surgery Francis Sutter, DO—had never operated on a pregnant patient. To their knowledge, neither had any other robotic CABG surgeons around the world.

“Women have surgery during pregnancy all the time, just not this kind,” says Grace Levine, MD, one of Laura’s obstetricians, referring to procedures for conditions like appendicitis, gallbladder disease, intestinal obstructions and ovarian cysts. “People can get nervous about treating pregnant patients, but we needed to put Laura first, because she was not just a vessel. She was our primary patient. And without her, her baby would have nothing.”

The morning of Laura’s surgery, Torregrossa queued up his standard surgery playlist (which starts with Pearl Jam and

ends with Pink Floyd), took a quiet moment to breathe deeply and clear his mind while scrubbing in, then joined a large supportive team for the nearly five-hour procedure, during which her fetus’s heartbeat was continuously monitored. Using Laura’s left internal mammary artery as a graft to bypass her blockage, he succeeded in restoring blood flow to her heart.

“I do robotic bypass surgery and open-heart surgery every day, but that day was unique,” Torregrossa recalls. “This is the first time we were able to minimize the risk for a mother and her pregnancy by not opening the chest and stopping the heart. The beauty of this, it is difficult to explain. I do not have the words.”

Three days later, Laura went home, thrilled to see her son Ellis for the first time in two weeks—on Christmas afternoon.

A FOREVER PATIENT

On May 2, after pushing for only eight minutes, Laura delivered baby Rhys at Lankenau.

“I’d felt so bogged down during my pregnancy, just fatigued, and getting through surgery, recovery, cardiac rehab and all the nerves. Once he was in my arms, he was so perfect—I knew we were both going to be OK,” she says.

Everything that happened is “still sinking in,” remarks Laura, who will need to manage her risk factors and take medications for the rest of her life. She continues to do well, though, and is back to work as a program director with an economic education-focused nonprofit organization. She credits her family, who rallied to help Erick care for Ellis throughout her ordeal, with making her recovery possible. And, of course, Erick himself “is a total rock star, too.”

When asked to describe how she feels about her experience at Lankenau, Laura immediately replies with “full of profound gratitude.”

“Everyone took a lot of time to communicate with each other and to explain everything to me,” she says, recalling some of the moments she remembers most vividly—like the time Sutter drew a picture of the heart and showed exactly where her blocks were and how they would be fixed.

And how every morning, maternal-fetal medicine resident Shana Dalal, MD, came to do a Doppler on the baby’s heart—then pushed an ultrasound machine to the Heart Pavilion just before surgery, and even did another ultrasound as soon as it was over “to reassure me and give me a boost.”

And Hawthorne’s daily visits to her in the ICU.

And the many check-ins from anesthesiologist Mark Berguson, MD, both before and after surgery.

And the day staff from the Cardiac Rehab Center surprised her with baby gifts.

And, finally, the moment Torregrossa got to meet two-day-old Rhys, just as he and Laura were being discharged.

“It was such a team approach from beginning to end. I can’t even name them all,” she smiles. “Just the fact that I landed at Lankenau—that the top people in this kind of surgery were there—it feels like it was meant to be.” ■



DONORS POWER ROBOTICS PROGRAM

Francis Sutter, DO, Lankenau’s chief of cardiac surgery, is a pioneer in minimally invasive surgery who has performed more robotic coronary bypass procedures than any surgeon in the country—a milestone he could not have reached without support from generous donors.

Thanks to philanthropy, Lankenau obtained its first da Vinci robotic surgery system in 2005; its fleet now numbers six devices that are used across surgical specialties. The institution’s renowned robotics program helped draw Gianluca Torregrossa, MD, to Lankenau in 2021.

“It is one of the most rewarding experiences to work for an enterprise that has such incredible people making this type of donation—a donation that has direct impact on human life,” he says. “Lankenau has the most successful robotic coronary program in the country—not on the Main Line, not in the Philadelphia area, but the whole country—thanks to the donations of individuals. I just want to say thank you to all of them.”

Lankenau also stands out for its cardio-obstetrics program, which provides comprehensive cardiovascular care to pregnant patients, guiding those with underlying cardiac conditions safely through their pregnancies and managing pregnancy-related complications such as hypertension and preeclampsia. These complications increase the risk of future cardiovascular events, so cardio-obstetricians like Katie Hawthorne, MD, at Lankenau ensure that patients’ prevention efforts start early and strive to cover gaps in care for underserved populations.

Gifts to Lankenau’s robotic surgery and cardio-obstetrics programs make a very real difference for patients and attract world-class surgeons and clinicians to the institution. In 2023, we are launching a campaign to honor Dr. Scott Goldman and Dr. Fran Sutter—two pioneers in bringing cardiac robotic surgery to Lankenau. To learn more or make a gift, contact Lankenau’s development office at 484.476.8101.

spotlight

Introducing Katie Galbraith, MBA, FACHE

Main Line Health has named Katie Galbraith, MBA, FACHE, who built a track record of success and innovation with the Duke University Health System, as the new president of Lankenau Medical Center. She will succeed Phillip D. Robinson, FACHE, who has delivered transformational leadership to Lankenau for the last 12 years.

Galbraith joins Lankenau from Duke Regional Hospital, in Durham, North Carolina, where she has served as president since 2014. She brings a wealth of progressive experience in hospital operations, strategy, marketing and corporate communications, with over 25 years serving in world-class academic health systems. She joined Duke as public relations manager for Duke Children's Hospital in 1996 and moved to Duke Regional in 2001 as director of marketing and corporate communications. Other roles have included chief marketing and business development officer, chief hospital operations and business development officer, and vice president/chief operating officer.

"We are thrilled Katie Galbraith is joining Main Line Health as the next president of Lankenau Medical Center and a member of the senior leadership team," said Jack Lynch, FACHE, President and Chief Executive Officer of Main Line Health. "Katie's acumen and accomplishments in safety, quality, equity and performance metrics in care delivery and patient access are assets that will help our System continue along its outstanding trajectory. Lankenau Medical Center has consistently been named one of the best hospitals in the region and draws patients from around the nation for its top-rated programs including the Lankenau Heart Institute, and colon cancer surgery. It is home to internationally respected academic programs, medical staff, clinical research, and education. Our outgoing president Phillip Robinson has been a kind, compassionate and innovative change-maker for Lankenau and Main Line Health. We will miss him tremendously, always consider him part of the Main Line Health family and appreciate his support in this transition."

Galbraith has been committed to safety, quality, equity and social justice throughout her career. In addition to serving as president, she served for 18 months as interim head of community health for Duke University Health System. She served as a trusted adviser and community partner, strengthening relationships, and building



"This is an outstanding opportunity to be part of an organization with a strong commitment to excellence, to people and to community, and I look forward to serving."

KATIE GALBRAITH

collaboration with local government, community leaders and faith-based organizations.

"Katie's work in community outreach will be of tremendous value to our ongoing mission and goals of partnering with our colleagues and neighbors near and far," said Barbara Wadsworth, DNP, RN, FAAN, FNAP, FACHE, Executive Vice President and Chief Operating Officer of Main Line Health. "Health care has never been more dynamic, its current challenges never greater, and serving the full needs of patients and families never more important. We welcome Katie to the Main Line Health family and appreciate her depth of knowledge, experience and enthusiasm for the work ahead."

Galbraith brings experience in growing and expanding programs, services and facilities. She oversaw the largest construction project in the history of the hospital, a \$102.4 million Behavioral Health Center and Emergency Department expansion. "I am delighted to be joining Lankenau and the Main Line Health team. This is an outstanding opportunity to be part of an organization with a strong commitment to excellence, to people and to community, and I look forward to serving," said Galbraith.

Galbraith received her bachelor's degree from Northwestern University and MBA from Elon University. She is a Fellow of the American College of Healthcare Executives. ■



COVID Memorial Garden

REMEMBERING THE LIVES LOST. HONORING OUR MAIN LINE HEALTH HEROES.

Lankenau staff, physicians, donors and friends gathered to dedicate the new COVID Memorial Garden at Lankenau's Jean Shilcock Memorial Park on September 8, 2022. Established through philanthropic support from Lankenau Foundation board members and friends, the garden is located within the open area of Lankenau's campus just below the Emergency Department adjacent to Saunders House, a space previously named in memory of Lankenau friend Mrs. Jean Shilcock in 1972. The garden was created as a peaceful environment to honor and remember those who have passed and recognize the tremendous efforts of the Lankenau and Main Line Health family during the pandemic. The moving ceremony featured remarks from Casey Bien-Aimé, Spiritual Care Coordinator; Phil Robinson, Lankenau President; Susan Gregory, MD, medical director of Lankenau's Intensive Care Unit; Paula Yudenfriend Green, Spiritual Care Advocate; and Lynne Mikulak, Clinical Pastoral Education Manager. Guests included Peter and Louise Havens, garden matching gift donors; Nancy Casper and Susan Brenman, garden sculpture donors; and sisters Janice Silcox and Nancy Shilcock, daughters of the late Jean Shilcock.

"This project was the result of a groundswell of support from donors and community members who understood the importance of a place for healing and reflection where patients, families and staff can remember their loved ones, as well as lessons learned over the past two and a half years," said Rev. Bien-Aimé. "We hope the COVID Memorial Garden at Lankenau's Jean Shilcock Memorial Park will be a visual reminder of our community's strength and resilience."

COVID Memorial Garden Donors and Partners (as of September 30, 2022)

Mr. and Mrs. Peter H. Havens
Matching Gift Donors

Mrs. Nancy R. Casper
Mrs. Susan Brenman
Donation of Sculptures
Given in loving memory of Howard Casper

Arader Tree Service
Garden and Tree Installation

Advanced Air Service Group
Mr. and Mrs. Stephen Berman
Saul Ewing Arnstein & Lehr LLP/Mr. Justin C. Danilewitz and Dr. Tamara A. Danilewitz

Dr. and Mrs. Scot A. Fisher
Mr. and Mrs. Richard G. Frankel
Mr. and Mrs. Louis W. Fryman
Daniel B. and Florence E. Green Foundation/
Mr. and Mrs. Arlin S. Green
Klenzoid, Inc.

Mrs. Lyn R. Lavin
Mr. and Mrs. John J. Lynch
Ms. Amy Mansky
Mr. and Mrs. Dennis S. Marlo
Mr. and Mrs. Thomas B. McCabe, IV
Dr. Jennifer Nansteel and Dr. John J. Finley
Mr. and Mrs. David Nogar
Oliver Fire Protection & Security
Rev. Kristine A. Peterson and Dr. Steven P. Schmidt
Mr. Phillip D. Robinson
Mrs. Sara S. Senior
Dr. and Mrs. Francis P. Sutter
Mrs. Judith Taylor
Dr. and Mrs. Timothy P. Trayer
Mr. and Mrs. John C. Wilkins
Upsalquitch Fund/Mr. David R. Wilmerding Jr.
Dr. and Mrs. Alexander Uribe

RIGHT: Lynne Mikulak, Clinical Pastoral Education Manager; Susan Gregory, MD; Phil Robinson, Lankenau President; Casey Bien-Aimé, Spiritual Care Coordinator; Paula Yudenfriend Green, Spiritual Care Advocate

FAR RIGHT: Sculpture donors Nancy R. Casper and Susan Brenman



Meeting the complex needs of patients and families



Main Line Health's Palliative Care Program makes a profound impact

The Palliative Care Program at Main Line Health exemplifies our commitment to provide patient-centered care, delivered human to human. Since 2008, we have been at the forefront of palliative care services, supporting hospitalized patients diagnosed with complex, chronic or terminal illness.

Unlike hospice care, which is focused on ensuring comfort at the end of life, palliative care addresses the multifaceted needs of patients and their loved ones across every stage of illness. Such care can include managing pain and symptoms, guiding informed decision-making, assisting with family concerns, arranging special moments with loved ones, navigating communications with the extended health care team, identifying critical resources, coordinating with chaplains who tend to spiritual needs and so much more.

"The very definition of 'palliate' is to relieve," says Evan S. Schneidmesser, MD, medical director of Palliative Care Services at Main Line Health. "A serious illness can be overwhelming. It introduces boundless questions and concerns. We help patients put all the different pieces together, with the aim of reducing suffering and enhancing quality of life. And we see first-hand the impact we have on those we care for."

Dr. Schneidmesser leads a 30-member multidisciplinary team composed of specialty-trained physicians, nurses, nurse practitioners and other advanced practice providers, chaplains, volunteers with varying skill sets and Social Worker Joanne B. Glusman, MSW, LSW, APHSW-C.

"My role is unique and deeply necessary," says Glusman. "It's my responsibility to prepare and support patients and families across the spectrum and trajectory of illness, whether a patient has multiple sclerosis and will live for 25 or more years, or was just diagnosed with an end-stage condition and may only have two weeks. We care for the whole person and the people they love across a disease trajectory, and not at any particular stage. It is an honor to do this work."

"It's so clear that you are in this with your heart, and being on the receiving end, it makes a world of difference. We appreciated every moment you gave, and we'll carry your kindness with us always." —Family Member

One does not need to have a terminal diagnosis to receive palliative care. We care for:

- Patients with pain or other symptoms that cause discomfort
- Patients with chronic medical conditions including heart disease, dementia, Parkinson's disease, kidney failure, lung disease and cancer
- Patients who frequently use the emergency department or are readmitted to the hospital often
- Patients in intensive care who need assistance evaluating next steps and goals of care

"The palliative care team has a bird's eye view," explains Dr. Schneidmesser. "We understand everything each patient is dealing with and why they've been hospitalized. We're attuned to their medical issues as well as their nonmedical concerns. From prescribing medications for symptom management, to identifying other clinicians such as psychologists or other specialists who should see the patient, to suggesting certain tests for the hospitalists to consider, our job is to expertly communicate across a patient's extended care team and directly with the patient."

"One of the most important things we do for our patients is listen," adds Glusman. "We want to know where you are, what you're thinking, what you know and what you don't know. We want to understand what's important to you, what issues you're having physically, emotionally and spiritually, what your goals are. Planning with purpose makes the journey less difficult."

As medical advances enable more people to live longer with complicated conditions, palliative care has become an increasingly essential component in the continuum of care. Research shows that when this care is provided, patient symptoms are better managed and outcomes are dramatically different. Many patients report that these services are even more important than the medical treatment they receive.

Our palliative care team currently sees 12% to 18% of the patients admitted to Main Line Health hospitals—twice as many as other health systems. Palliative care is also available in the community through Main Line

Health HomeCare & Hospice. "Some people who receive a difficult diagnosis don't know how to talk to their kids or their spouse or other family members," says Glusman. "I tell them, 'I got you. I can help with that.' I can also help families at the beginning of a diagnosis, knowing they have a challenging road ahead. We can have many conversations along the way—one year out, three years, ten years—we help them to do well emotionally and physiologically throughout their journey."

The palliative care team also provides support to other caregivers across Main Line Health. Team members can offer solace to their colleagues on a particularly difficult day or deliver grief counseling after the loss of a patient, especially when that patient is a child.

"There is such a critical need for palliative care services—for patients, loved ones and caregivers alike—and that need continues to grow," says Dr. Schneidmesser. "Maybe it's the older person with underlying illness who's having difficulty living on their own, and we need to have that conversation with their loved ones about transitioning to another living arrangement. Maybe it's a patient with advanced cancer, and we help them understand their options and how to have those conversations with loved ones. Maybe it's someone experiencing a progressive issue with disability, or chronic pain or anxiety, and we help them find relief. Our team meets patients wherever they are, and we walk with them through their illness, each and every step of the way."

For more information, visit mainlinehealth.org/palliativecare. To learn how you can support this program, please contact Karrie Borgelt, senior vice president of development, at borgeltk@mlhs.org or 484.580.4144.



FOCUS ON philanthropy

Charitable gifts are the lifeline in supporting the important programs and initiatives that allow Lankenau Medical Center to fulfill our mission: to provide the very best patient care, offer exemplary medical education and conduct innovative research. We are grateful for every donation received to further our mission. The list below highlights gifts and grants made to Lankenau Medical Center from October 20, 2021, to September 30, 2022.

An anonymous donor has stepped forward with a **\$10M** pledge to name the Heart Pavilion on the Lankenau Medical Center campus—home of the Lankenau Heart Institute. This historic blended gift, given through an outright pledge and future estate gift, will support the creation of an outpatient imaging center through a state-of-the-art renovation of the Heart Pavilion's ground floor and the acquisition of two new Computed Tomography (CT) scanners. The gift will also fund additional cardiovascular equipment, imaging, education, research and training for generations to come. Additionally, this generous donor gave **\$10,000** to enhance the Outpatient Imaging Center.

The Estate of Hettie Brenz Spedden generously distributed **\$500,000** in unrestricted funds that will benefit the newly created President's Strategic Initiative Fund. This fund supports Lankenau's high priority needs and new initiatives at the direction of the hospital president.

Lankenau Medical Center Foundation Trustee **Leila Gordon** along with her brothers **Hunter R. Gordon** and **C. Scott Gordon** made a **\$300,000** gift through **The Gordon Charter Foundation** to support the acquisition of a new Linear Accelerator. This Radiation Oncology equipment provides high-energy X-rays or electrons to treat cancer and can be designed in such a way that they destroy cancer cells while sparing the surrounding normal tissue.

Carroll A. Weinberg, M.D. and Charlotte Cohen Weinberg Foundation Inc., directed by Charlotte Cohen Weinberg, pledged **\$250,000** to support five areas at Lankenau and the Lankenau Institute for Medical Research (LIMR): Charlotte Cohen Weinberg and Carroll A. Weinberg, M.D. Endowment Fund for Cancer Research and CME; LIMR cancer research; LIMR regenerative medicine research; the 2022 Deaver Gala; and the Phillip D. Robinson Endowed Chair in Cardiovascular Medicine.

Jennifer and Ralph Watts donated more than **\$202,000** to fund a new cardiovascular ultrasound machine in grateful recognition of Dr. Sandra Abramson and Dr. Timothy Shapiro.

Naomi J. Hooper gave a total of **\$155,000** to support the purchase of a portable ultrasound machine for the Cardiothoracic Intensive Care Unit (CTICU), as well as infant warming beds for Labor and Delivery. She also contributed towards the Priority Projects Fund, which provides funds for small and mid-range equipment needs at Lankenau.

Joy MacMurray generously committed **\$145,000** through an outright gift to support the Priority Projects Fund and an estate provision to fund ongoing nursing excellence programs.

The Women's Board of Lankenau Medical Center and its auxiliaries (The Nurses Alumni Association, Hamper Shop, Ladies Aid Society and John B. Deaver Auxiliary) generously contributed more than **\$140,000** to support various programs and initiatives including: LIMR, Social Services, Community

Health and Outreach, and Emergency Department priorities.

The Estate of **Patricia M. Burland** distributed more than **\$117,000** to support priority needs at LIMR.

Main Line Health Board Trustee **Dr. Steven A. Nichtberger** and his wife **Dr. Laura Bessen-Nichtberger** generously donated **\$100,000** to pilot a program based at Lankenau Medical Center to provide cardiovascular access and services for underserved patients. This philanthropy is primarily supporting a nurse practitioner to guide the program and Center for Population Health Research partnerships to identify and measure key indicators of the program's performance and efficacy.

Lankenau Foundation Trustee **Jim Dolente** and his wife **Barbara Dolente** generously donated a total of **\$60,000** to support the Delema G. Deaver Wellness Farm, patient recliners and the Priority Projects Fund.

Longtime supporter **Barbara "Bobbi" Brodsky** donated more than **\$58,000** for artwork and furnishing enhancements to Lankenau's Barbara Brodsky Suites.

The **McLean Contributionship** granted more than **\$55,000** to support important equipment needs for Lankenau's Obstetrics and Gynecology Care Center.

The Lankenau Institute for Medical Research received more than **\$54,000** from LIMR Foundation Trustee **Dr. Jonathan C. Fox** and his wife **Dr. Suzanne Markel-Fox** to support the LIMR Cardiovascular Breakthrough Fund.

RIGHT: Barbara "Bobbi" Brodsky; Katie Galbraith, incoming Lankenau President; Phil Robinson, outgoing Lankenau President; Margie Brodsky



Lankenau Medical Center Foundation Trustee and Lankenau Institute for Medical Research Foundation Board Chair **Peter Havens** and his wife **Louise Havens** generously committed **\$50,000** to Lankenau and LIMR. Their **\$25,000** matching gift challenge launched our COVID Memorial Garden effort. The new garden, located within Lankenau's Jean Shilcock Memorial Park, near the border of Saunders House, is a place for peace, reflection and healing available to patients, staff, volunteers and the community. Through the **Louise A. Havens Foundation for Diabetes Research**, they also directed **\$25,000** to support diabetes research to develop new treatments and study unexplored pathways that may cause life-threatening complications.

Long-time supporters **Gerald and Annette Tiffan** gifted more than **\$50,000** to support the purchase of a portable ultrasound machine for the Intensive Care Unit and patient recliners, as well as support for the cardiac surgery program.

Longstanding supporters **Judith and Marvin Rounick** generously donated **\$50,000** to support the Priority Projects and Patient Experience Funds, which benefit patients with capital improvements and patient care enhancements.

The **Clayman Foundation**, at the request of **Stephen and Arlene Cohen**, allocated more than **\$46,000** to support various cardiovascular medical education and continuing medical education programs under the direction of **Dr. James Burke, Dr. Tom Phiambolis** and **Dr. Jeanine Romanelli**, as well as funding for the physician wellness programs under the direction of **Dr. William Surkis**.

Lankenau Medical Center benefited from another **\$40,000** gift from **The Thomas H. and Barbara W. Gale Foundation** toward the Gale Foundation Cancer Genetics Fund, which supports the Risk Assessment and Genetics program under the direction of **Dr. Terri McHugh**.

The **William Albert and Eugenie Hummel Sullivan Fund** allocated over **\$31,000** to support delivery of hospital care for LMC's most vulnerable patients.

Nancy R. Casper and her daughter **Susan Brenman** graciously gifted two large sculptures valued at over **\$30,000**, which were installed in the COVID Memorial Garden located at Lankenau's Jean Shilcock Memorial Park.

The **W.W. Smith Charitable Trust** approved a grant of **\$30,000** to support Lankenau's Oncology Support Program for Patients' Basic Needs. This funding provides assistance to patients undergoing treatment for any type of cancer who are in need of food, clothing or shelter.

The Lankenau Medical Center Foundation spearheaded a fundraising campaign in recognition of esteemed Lankenau Medical Center President **Phil Robinson** to establish the **Phillip D. Robinson Endowed Chair in Cardiovascular Medicine**. This philanthropic investment raised more than **\$1 million**. Together with the Lankenau Medical Center Foundation match, it will provide funding for the System Chief of Cardiovascular Medicine based at Lankenau Medical Center in perpetuity, forever supporting Lankenau Medical Center and the Lankenau Heart Institute while honoring **Phil's** legacy of expert leadership. We are proud to thank the following generous donors who supported this campaign (as of September 30, 2022).

\$250,000 and above
The Barbara Brodsky Foundation

\$100,000 – \$249,999
The Cotswold Foundation
Peter and Louise Havens

\$50,000 – \$99,999
Bill and Paulajane Frankel
Richard and Anne G. Frankel
Nydick Family Foundation
Jerry and Annette Tiffan
Penny Weiner

\$25,000 – \$49,999
Claude and Joyce de Botton
Alice D. Chase
The John B. Deaver Auxiliary
The Marlo Family Fund
Morris Charitable Trust
Judith Taylor

\$10,000 – \$24,999
James J. and Barbara Dolente
Daniel B. and Florence E. Green
Foundation

Scot and Shelly Fisher
The Robert P. and Barbara D. Hauptfuhrer
Philanthropic Fund
Gary and Patricia Holloway
Alfred and Kathleen Putnam
Mary Anne Stetzer
Fran and Marilu Sutter

\$5,000 – \$9,999
Steve and Ginny Berman
Marion Fox
The Clayman Foundation
Robert and Carol Lockyer
Jack and Deb Lynch
George and Marlene Milner
Tony and Marlena Santomero
Bill and Maryfran Stulginsky
The Upsalquith Fund
Carroll A. Weinberg, M.D. and Charlotte Cohen Weinberg Foundation, Inc.
John and Betsy Wilkins

WAYS TO give

The Lankenau Institute for Medical Research benefited from a generous \$30,000 gift from Linda Waddell to support an upgrade to LIMR's pre-clinical facility environmental control system.

Grateful patients John and Joyce Mills funded \$28,000 for various Lankenau Heart Pavilion furniture enhancements in appreciation of Dr. Frank McGeehin.

Retired physician Dr. John Abramson pledged \$25,000 to the Lankenau Gastrointestinal Ambulatory Surgery Experience Fund.

Richard and Joanne Campion contributed \$25,000 to support research initiatives at the Mary L. Smith Pulmonary Research Center (Lankenau Lung Center) in grateful recognition of Dr. Thomas Meyer.

The Lankenau Institute for Medical Research benefited from a \$25,000 gift from John and Wendy Havens for highest priority needs in research.

Lankenau Medical Center Foundation Emeritus Trustee Barbara Mozino Seegul donated \$25,000 to the Lankenau Patient Experience Fund to purchase recliners critical to the health and well-being of our patients.

Longtime Lankenau Medical Center Foundation Chair Alfred W. Putnam and his wife Kathleen Putnam have contributed \$20,000 to support highest priority needs at Lankenau Medical Center.

Jane M. Laffend designated grants through the Lenore & Howard Klein Foundation and the Morris S. & Florence H. Bender Foundation totaling \$20,000 to support cancer research and various research equipment needs at LIMR.

The Merz Family Foundation generously granted \$20,000 to support various hospital units including interventional cardiology, electrophysiology, pulmonary and gastroenterology.

Three simple ways to plan a deferred gift to Lankenau Medical Center and join the Lankenau Legacies Society!

1 GIFT OF RETIREMENT PLAN ASSETS

Undistributed assets in qualified retirement plans can be subject to income tax when left to heirs other than a surviving spouse. You may choose to designate all or a portion of these assets to charity and leave other assets to heirs.

2 GIFT OF BANK ACCOUNT ASSETS

Much like a retirement account or IRA beneficiary designation form, a Payable on Death (POD) designation, available at many banks, gives you the option to select a beneficiary of the account upon your death.

3 GIFT OF BROKERAGE ACCOUNT ASSETS

Placing a Transfer on Death (TOD) designation on your brokerage or investment account allows you to allocate the account to charity—either as a partial or full beneficiary—after your lifetime.

For more information on deferred gifts and other ways to leave a legacy at Lankenau Medical Center, please see our planned giving website, lankenau.plannedgiving.org.

Supporting the Surgeons of Tomorrow

Dr. Robert and Mrs. Marjorie Smink create a legacy that continues their dedication to supporting the Lankenau general surgery residency program far into the future.

When Dr. Robert Smink was looking for a rotating internship in 1965, Lankenau Hospital came highly recommended by the Dean of Case Western Reserve Medical School. So, he chose Lankenau and moved to the Philadelphia area. Over the next four decades, Dr. Smink, a U.S. Army veteran, became instrumental in raising the profile and excellence of surgery at Lankenau. As both Chief of General Surgery for Main Line Health and Chief of Surgery for Lankenau, he led the general surgery program across the entire health system. With numerous publications and a faculty appointment at Jefferson, he set a high standard for academic, as well as clinical accomplishment.

"Lankenau has been a marvelous place to work," said Bob. "It was always one of the finest non-university hospitals in the Philadelphia area, and its stature has increased."

Bob's career as a general surgeon covered all aspects of his specialty, although he focused on breast cancer surgery in the latter part of his tenure. As the residency program director, he also developed a talent for finding and training promising young surgeons. Many of these surgical residents became like sons and daughters to the Sminks. Some of these stars remained and enhanced surgery at Lankenau as attending physicians, the positive ripple effect of outstanding clinical training and education. Yet, the Sminks have remained highly aware of the recruitment challenges Lankenau faces due to its proximity to Philadelphia's many academic health systems.

Ned Carp, MD, Lankenau's current chief of general surgery, shared his perspective: "Bob's well-deserved reputation as an excellent surgeon was matched by his exceptional capability as a teacher. His wisdom and patience were instrumental in shaping my career and my own desire to serve as a mentor to the next generation of surgeons." Breast surgeon Robin Ciocca, DO, who trained under Dr. Smink, adds: "Bob served as a paradigm for his residents in many ways. His compassionate devotion to patients, which I strive to emulate in my own practice, left a strong impression on me."

Recently, the couple decided to make a leadership gift to help Lankenau continue attracting and recruiting the best. "Giving back has always been part of our married life," said Marge. College sweethearts who met at Bucknell

University, they graduated together. Later, as alumni class fundraising chairman, Bob asked their classmates to give a dollar for every year since graduation, a starting plan for future giving.

"Bob and I developed the habit of giving to the organizations we valued," said Marge. "Lankenau was the place where he launched and fulfilled his career. It allowed him to grow as an individual and contribute so much to society."

The Sminks have given to Lankenau annually since their early years here, and many grateful patients and former residents have contributed in Bob's honor, as well. In 2021, the couple felt the time was right to make a legacy gift, and they named Lankenau Medical Center a residual beneficiary of their estate. This planned gift, together with an additional outright contribution, allowed the couple to establish *The Robert D. Smink Director of Surgical Training Fund at Lankenau*. While most funding will come from their eventual estate gift, the current donation allows them to see the impact of their generosity now.

"Lankenau is a thriving, ambitious medical center with more ideas for improvements than the budget can afford," said Bob. "Marge and I have dedicated much of our lives to encouraging the surgeons of tomorrow, and it's a real pleasure to see that work continue on through our philanthropy." ■



awards



Ann G. Frankel; Dr. Harry Green Award winner Jared Lander, DO; Lankenau Foundation Trustee Richard Frankel; and Jane M. Green

Fellow Receives Inaugural Dr. Harry Green Award

Gastroenterology fellow Jared Lander, DO, received the inaugural *Dr. Harry Green Award for Critical Thinking*. The award was created by Richard and Ann G. Frankel and Jane M. Green to honor the life of their late father, Dr. Harry Green.

Green was a chemist and biochemist, internationally recognized researcher, pharmaceutical industry executive and professor in the Graduate School of Medicine at the University of Pennsylvania. At his retirement in 1983 from GlaxoSmithKline, Green was vice president, scientific liaison, a position that recognized his multidisciplinary expertise and critical thinking in analyzing the potential of emerging technologies to transform science and medicine. Green was a lifelong supporter of women in the sciences.

The Dr. Harry Green Award for Critical Thinking will be given annually to a medical resident or fellow who demonstrates excellence in teaching, investigating and analyzing a scientific theory, and who is seen as an advocate of women in medicine or the sciences.

Lander “is one of the most outstanding fellows I have come across in my entire career,” said Patricia Wong, MD, program director, Gastroenterology Fellowship. “He is incredibly driven and works tirelessly to achieve very high standards that he sets for himself.”

Pat Bradley Nursing Scholarship Award

Lankenau nursing and administrative leadership was pleased to award a new scholarship, The Pat Bradley Nursing Scholarship, during Lankenau’s Nursing Excellence award ceremony, this year held on September 29. This scholarship was made possible by a generous philanthropic donation from the children of Pat Bradley—Anne Mitchell, Patricia Bradley and Marcus Bradley—in memory of their mother. Pat was a nurse at Lankenau in the 1960s and again in the 1980s and viewed Lankenau as a second home, having made many lifelong friends and establishing her nursing career here. *The Pat Bradley Nursing Scholarship Endowment Fund* will exist at the Lankenau Foundation in perpetuity, having the ability to award scholarships far into the future. The award was application based and intended to support Lankenau employees who are not yet nurses but who are pursuing an initial nursing degree. It is intended to provide a boost to these nurses-to-be as they juggle their educational pursuit while working. This year’s winners are Catherine Saitie, a patient care tech in 1 Pavilion, who is pursuing an RN and BSN at Widener University, and Shane Gillings, a patient care tech in the Emergency Department who is pursuing a BSN at Gwynedd Mercy University.



Pat Bradley Nursing Scholarship winner Shane Gillings (left) with Fran Cusick, Lankenau Vice President of Patient Care Services; and Anne Mitchell, scholarship donor and daughter of Pat Bradley

events



1



2

Green Endowed Chair

The Green Family Foundation has established The Daniel B. and Florence E. Green Endowed Chair in Regenerative Medicine Research, with Ellen Heber-Katz as inaugural chairholder, in hopes of bringing anti-aging agents and non-scarring healing into society. The event to honor Dr. Heber-Katz and celebrate the new Endowed Chair took place on September 14, 2022, at Merion Tribute House in Merion, PA.

The Green Endowed Chair was established with a \$1 million gift from The Green Family Foundation, paired with a \$1 million match from the Lankenau Medical Center Foundation.

The late Daniel B. Green was a former trustee of the Lankenau Foundation, beginning his board service in 1976 and becoming an emeritus trustee in 2009. Arlin Green, son of Daniel and Florence Green, currently serves as a Lankenau Foundation board member and as a member of The Green Family Foundation.

Ellen Heber-Katz first shocked the scientific world in the 1990s when her research showed that a strain of laboratory mice can regenerate damaged tissue. Soon, she will test a new regeneration drug for its effectiveness in healing chronic wounds and treating diseases of aging in humans.

Most strategies for tissue regeneration are based on implanting or transplanting stem cells. However, her approach offers an off-the-shelf option that represents FDA-approvable medicine. Further, she has found that her approach in aged animals seems to produce a rejuvenating effect, stimulating an anti-aging phenomenon. Upcoming studies will examine the durability of this effect.

The Green Family Foundation is honored to establish this endowed chair and both recognize and amplify the remarkable research efforts of Dr. Heber-Katz.

1 George Prendergast, Lankenau Institute for Medical Research (LIMR) President; Ellen Heber-Katz, Chairholder, The Daniel B. and Florence E. Green Endowed Chair; Paula Yudenfriend Green; Lankenau Foundation Trustee Arlin Green
2 Lise Clark, PhD, DVM; Scott Dessain, MD, PhD; Khamilia Bedelbaeva, MD, PhD; Matt Finley, Director of Research Administration, LIMR
3 Phil Robinson, Lankenau President; LIMR Board and Lankenau Foundation Trustee Peter Havens; Ellen Heber-Katz, Chairholder; Lankenau Foundation Trustee Arlin Green; George Prendergast, LIMR President; Lankenau Foundation Board Chairman Alfj Putnam



3

Phillip D. Robinson Portrait Unveiling

A physician-led committee, including both current and retired physicians—Bill Lewis, MD; Frank McGeehin, MD; John Marks, MD; Gerald Marks, MD; and Alex Uribe, MD— spearheaded a campaign to commission a portrait of Phil Robinson in honor of his many years of service to Lankenau Medical Center. More than 100 members of the Lankenau medical staff contributed to the portrait campaign. The portrait was unveiled at a gathering of Lankenau physicians and administrators on Thursday, September 22 on Lankenau’s campus. Bill Lewis, MD; Frank McGeehin, MD; Main Line Health CEO Jack Lynch; and several others spoke at the event about Phil’s legacy at Lankenau and thanked him for his many accomplishments, including his focus on physician relationship building and recruitment.

Dr. Lewis said “it was important to memorialize the incredible accomplishments and sound leadership over the past 12 years of Lankenau president Phil Robinson with this commissioned portrait. The medical staff recognizes his commitment to excellence and improving patient care during his tenure.” Dr. McGeehin noted that “Phil’s beloved Texas A&M football team has the 12th Man tradition. The entire student body at A&M is the 12th Man, and they stand during the entire game to show their support. The 12th Man is always in the stands waiting to be called upon if they are needed to serve. Phil Robinson has been the 12th Man for every single physician and staff member at Lankenau Medical Center.”

The portrait artist, David Larned, has painted many prominent figures including President and Mrs. George H.W. Bush. Phil’s portrait has been hung at Lankenau for all to enjoy and remember his vast contributions.



1 Katie Galbraith, incoming Lankenau President; Bill Lewis, MD; Phil Robinson, Lankenau President; Frank McGeehin, MD; Jack Lynch, President and CEO, Main Line Health
2 Irv Herling, MD; Jane Herling, Esq.; Phil Robinson, President; Robert Benz, MD
3 Jay Siegfried, MD; Irv Herling, MD; Don Peterson, MD; Rosemary Casey, MD; Frank McGeehin, MD
4 Jerry Santoro, MD; Frank McGeehin, MD; Bill Lewis, MD; Fran Sutter, DO; Phil Robinson; Irv Herling, MD; Paul Coady, MD; Katie Galbraith; Ned Carp, MD



John D. Lankenau Society

After a three-year hiatus, the annual John D. Lankenau Society celebrated together on October 26, 2022 at Pomme in Radnor. The John D. Lankenau Society is comprised of donors who contribute \$1,000 or more annually to the Lankenau Medical Center Foundation in support of a variety of hospital and research initiatives. The event served as an introduction to new Lankenau President Katie Galbraith, MBA, FACHE, who joins us after serving 26 years with Duke University Health System. Ms. Galbraith outlined her vision for Lankenau, underscoring the importance of the Foundation now, perhaps more than ever, and thanking our loyal supporters for their partnership.



1 Donald Peterson, MD; Roberto Rodriguez, MD; Robert Noone, MD; Yonathan Kebede; Lankenau Vice President, Operations Frank McGeehin, MD; Alex Uribe, MD
2 Jean Cohen, Mark Cohen, Incoming Lankenau President Katie Galbraith, Michael Morris
3 Lankenau Foundation Board Chairman Alfj Putnam, Ginny Berman, Lankenau Foundation Trustee Steve Berman, Kathleen Putnam
4 Jay Siegfried, MD; Timothy Shapiro, MD; Karen Shapiro; Bambi Siegfried; Karen Nagel, PhD; Steve Kamp





Deaver Gala

The John B. Deaver Auxiliary of The Women's Board of Lankenau Medical Center honored Phillip D. Robinson at their annual gala on September 24, 2022. The John B. Deaver Gala committee included co-chairs Alice Chase and Marlena Santomero. Proceeds raised support The Phillip D. Robinson Endowed Chair in Cardiovascular Medicine at Lankenau and the Lankenau Initiative for Improved Cardiovascular Access (LIICA). LIICA is pilot program to improve cardiovascular access and services for underserved patients at Lankenau Medical Center.



1 Scott Goldman, MD; Maryalice Cheney, MD; Nadia Rodriguez; Roberto Rodriguez, MD **2** Lankenau Foundation Trustee Arlin Green; Paula Yudenfriend Green; Nicole Surkis; Bill Surkis, MD **3** Phil Robinson, Lankenau President; Lankenau Women's Board Member Joan Hindin; Lankenau Foundation Trustee and Women's Board Member Pat Nogar; David Nogar **4** John Finley, MD; Lankenau Foundation Trustee Jennifer Nansteel, MD; Phil Robinson; Beverly Vaughn, MD **5** Laura Robinson; Phil Robinson; Steve Robinson; Jessy Robinson; Jolie Robinson; Pamela Martin; John Robinson **6** LIMR Board of Trustees Chairman and Lankenau Foundation Sustaining Trustee Peter Havens; Louise Havens; Lilibet Barrett; Jim Barrett **7** Jerry Johnson; Lankenau Foundation Trustee Raye Johnson; Phil Robinson; Robin Ciocca, DO; Vincenzo Ciocca, DO; Bob Noone, MD; Giancarlo Mercogliano, MD **8** Raena Khorram, MD; Lankenau Women's Board Gala Co-Chairs Marlena Santomero and Alice Chase; Soorena Khojasteh, MD **9** Katie Galbraith, incoming Lankenau President; Lankenau Foundation Trustee Rich Frankel; Ann G. Frankel; Lankenau Foundation Trustee Penny Weiner



Enhancing the Patient Experience

Lankenau's Director of Patient Experience Laurie Watson, MSN, RN, has retired after 44 years of service. Laurie's storied career began in nursing and eventually progressed to overseeing Lankenau's patient experience and volunteers programs. "Laurie has left a lasting legacy at Lankenau and Main Line Health, and we are so grateful for her many contributions to our success over all these years," said Phil Robinson. "The focus on patient safety and a superior patient experience has been the North Star as we navigated the precarious health care landscape. I have been privileged to witness the extraordinary care we give to patients and families," said Laurie. In grateful dedication to Laurie's many years of service, we created the "Laurie Watson Great Experience Award," which will recognize a Lankenau employee who goes above and beyond to enhance the patient experience. Congratulations to Laurie and thank you for your many years of dedicated service. ■



ABOVE: Phil Robinson, Lankenau President; Laurie Watson; Fran Cusick, Lankenau Vice President of Patient Care Services

New Equipment Made Possible Through Philanthropy: POCUS and Patient Recliners

The point of care ultrasound machine (referred to as a POCUS) is a practice-changing technology used in intensive care units. The ability to look inside the human body in real time without the risk of radiation helps physicians narrow the differential diagnoses early on in a patient's evaluation, improving diagnostic accuracy, and helping guide decisions regarding further

testing. Aside from assisting in the rapid diagnosis of many serious medical conditions—blood clots in the lungs or legs, fluid around the lungs or heart to name a few—the POCUS also assists with performing invasive procedures. Central lines, arterial lines, dialysis catheters, chest tubes, pericardial drains and ECMO cannulas are all invasive procedures that are much safer to perform with POCUS and in many instances it has become the standard of care to prevent adverse outcomes.

The new miracle machine is about the size of a typical laptop and, weighing in at only 10 pounds, is extremely easy to transport. The machine offers extraordinarily high-resolution images, speeds diagnoses and increases the ICU and CTICU teams' ability to manage a variety of conditions for their patients.

Several capital acquisitions for Lankenau Medical Center were funded by philanthropy, including two portable ultrasound systems (left) and patient recliners (far left).



Main Line Health's Exciting New Affiliation with Children's Hospital of Philadelphia

Main Line Health is proud to announce pediatric care and services has fully transitioned to Children's Hospital of Philadelphia (CHOP) in October. The new relationship brings CHOP's world-class pediatric health care to patients and families across our award-winning system.

We want to take a moment to express how proud and grateful we are for our partnership with Nemours Children's Health and all that we accomplished together over the past 25 years.

As part of this affiliation, CHOP will provide Main Line Health with the following services and care:

- 24/7 professional coverage at all four Main Line Health hospitals' NICUs
- 24/7 professional coverage of the Pediatric Unit at Bryn Mawr Hospital
- Pediatric coverage in the Bryn Mawr Hospital Emergency Department
- Neuro-pediatric services, including EEG interpretation and continuous EEG monitoring
- Surgical consultation and bedside procedures for the Level III NICUs at Bryn Mawr Hospital and Lankenau Medical Center

In addition to clinical services, our new affiliation with CHOP will bring together the best of our collaborative efforts in pediatric training and education. Main Line Health's surgical and urology residents recently began fulfilling their pediatric specialty rotations at CHOP. As we move forward with this affiliation, the organizations will continue to explore additional clinical education and research collaborations.

We look forward to a long and collaborative relationship with CHOP and the many opportunities it offers so we may continue to deliver excellence in pediatric care for the youngest members of our community, including the opening of a new pediatric outpatient specialty care center on the Bryn Mawr Hospital campus. The center will include 14 exam rooms for Cardiology, Fetal Cardiology, Neurology, Gastroenterology and Endocrinology specialty care. Additional pediatric specialty services are planned for the future.

We are excited for what this affiliation holds for the future in helping to ensure Main Line Health remains a great place to give and receive care. ■

Awards & Recognition

U.S. News & World Report has released its 2022–2023 Best Hospital rankings, and once more, Lankenau Medical Center has been recognized among the very best.

For this year's rankings and ratings, *U.S. News* evaluated more than 4,500 hospitals nationwide in 15 specialties and 20 procedures and conditions. Hospitals were evaluated using measures including survival rates, complication rates, patient experience and level of nursing care. The methodology factors in data from sources including the Centers for Medicare & Medicaid Services, American Hospital Association and medical specialists.

U.S. News strives to make hospital quality transparent to patients by providing comprehensive data and information they need to make informed decisions about where to receive care for life-threatening conditions or for common procedures.

LANKENAU MEDICAL CENTER
Ranked #3 in the Philadelphia region
Ranked #6 in Pennsylvania
Ranked #42 in the nation for Obstetrics and Gynecology





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