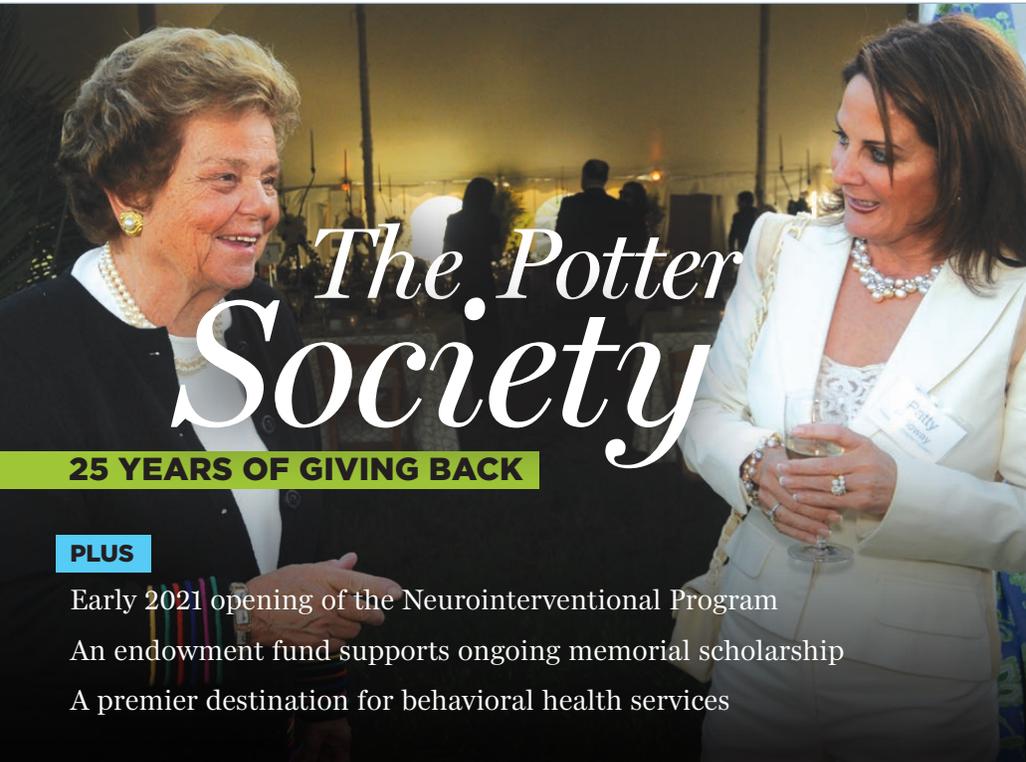




Partners



The Potter Society

25 YEARS OF GIVING BACK

PLUS

- Early 2021 opening of the Neurointerventional Program
- An endowment fund supports ongoing memorial scholarship
- A premier destination for behavioral health services



SUMMER 2020

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THE HEADLINE

25 Years of Giving Back

Recognizing and reflecting upon the 25th Anniversary of Paoli's Potter Society, and its contributions to our community.



QUICK BITS

Special thanks to our donors who supported the COVID-19 response efforts.

1,247

gifts received to date totaling **\$606,844** to support Main Line Health's COVID Employee Emergency Fund.

492

Main Line Health employees received assistance through the COVID Employee Emergency Fund.

110

area businesses and individuals delivered food to support hospital staff.

WITH thanks

PAOLI HOSPITAL FOUNDATION BOARD OF DIRECTORS

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TO SAY THE PAST THREE MONTHS *have been challenging is quite an understatement. In the midst of it all, I remain proud of the Paoli Hospital team and humbled by the response effort. We have been heartened by the outpouring of food donations for our staff, the chalk art in front of our entrances lifting our spirits, the “Heroes Work Here” signs at each of our campuses, and local families, firefighters, first responders and police officers cheering our doctors, nurses, environmental and dietary staff and others as they arrive for and leave work. Hundreds of thousands of dollars have been donated to the hospital and the Main Line Health COVID-19 Employee Emergency Fund. It has been wonderful to see our community supporting the hospital’s effort with energy, creativity and a commitment to helping others in times of uncertainty.*

We have had to make major changes in our day-to-day operations, but one thing that has not changed is our deep gratitude for your support. Your charitable gifts have helped build our facilities, upgrade equipment, and deliver staff training. Your generosity has built our strong foundation and an expert team to handle this crisis.

With our terrific team backed by our extraordinary community, I am confident we will be able to continue handling this challenge with the professionalism, compassion and skill on which our patients have learned to depend. We will get through this. I realize we hear that phrase often, but I know the people of our community — people like YOU— and so I know it is true. We appreciate all you do for us, and look forward to the day when we can say thank you in person. Until then, please stay safe and healthy.

SINCERELY,

Jim Paradis



JIM PARADIS,
President, Paoli Hospital

THE ask

Q&A

Introducing

MICHELLE J. SMITH, MD, FAANS

*System Division Chief of Neurosurgery,
Main Line Health*

LISA SPRINGER, RN, MSN, PCCN

Paoli Hospital Stroke Coordinator

THOMAS GRAHAM, MD

*System Division Chief of Neurology,
Main Line Health*

Q. *What will the new Neurointerventional lab at Paoli Hospital mean for the community?*

A. *Michelle J. Smith, MD, FAANS*

System Division Chief of Neurosurgery, Main Line Health

With the opening of the Neurointerventional Program in early 2021, Paoli Hospital will be equipped to provide a range of treatments to reverse damage to the brain before it's permanent. Before recent advancements in neurointervention, we could use a neurologic exam to localize and estimate extent of stroke, but treatment was more an exercise in futility. Thankfully, technology has advanced rapidly over the past five years. Stroke and aneurysm are now treatable diseases. Minimally invasive treatment options like mechanical thrombectomy and endovascular coiling can now treat brain disease, similar to how we've been treating the heart.

For patients who experienced ischemic stroke, mechanical thrombectomy results in a 53% reduction in mortality and 50% reduction in severe disability. During a mechanical thrombectomy, a device called a stent retriever is inserted into an artery in the patient's groin with a catheter. The catheter is then threaded up to the blocked artery within the brain to either suction or remove the clot mechanically. For this procedure, the patient is usually under conscious sedation, rather than general anesthesia.

Another leading neurointerventional procedure, endovascular coiling, is a way to block the flow of blood to an aneurysm or arteriovenous malformation. With the blood supply blocked, these abnormalities are much less likely to rupture, which can help prevent stroke.

Perhaps you've heard the phrase "time is brain" before, and it couldn't be more true. Just like a heart attack, a stroke is a brain attack that should be triaged accordingly. With this new program, Paoli Hospital is providing an invaluable service: timely access to the most advanced treatment options in order to reduce the devastating impact of stroke on patients and the families who care for them.





A. Lisa Springer, RN, MSN, PCCN
Paoli Hospital Stroke
Coordinator

With the opening of Paoli's new Neurointerventional Program, the hospital will become a Thrombectomy-Capable Stroke Center, providing advanced neurological treatments, including mechanical thrombectomy, as well as diagnosis and treatment for cerebral aneurysms and arteriovenous malformations (AVM). Currently, there are no Comprehensive Stroke Centers

or Thrombectomy-Capable Stroke Centers in Delaware, Chester, Lancaster, Lebanon, Berks or Bucks counties.

Under the 2018 guidelines from the American Heart Association, Comprehensive Stroke Centers or Thrombectomy-Capable Stroke Centers will become the new standard of care for stroke patients. National and state emergency services agencies have started to direct care to these advanced centers. Regionally, EMS services are bypassing Primary Stroke Centers for Comprehensive Stroke Centers.

As a Trauma Center and a clinical collaborator of Thomas Jefferson University, Paoli Hospital is well-positioned to manage this expansion of neurosurgical services. The hospital is consistently recognized with the Gold Plus Award for applying the most up-to-date, evidence-based treatment guidelines. Furthermore, the hospital has demonstrated success in meeting key clinical measures, such as Fast Alerts for stroke patients, who require completion of a CT scan of the brain within 20 minutes of arriving at the hospital.

While this new program will improve outcomes related to stroke, it's still important to recognize the symptoms of this debilitating disease. The symptoms can range from barely noticeable difficulty with moving or speaking to paralysis. Remember to act FAST to determine if you are having a stroke: assess **F**acial drooping, **A**rm weakness, and **S**peech difficulties. If you are experiencing any of these symptoms, it is **T**ime to call emergency services. Do not wait for the symptoms to worsen or improve. If you think you are having a stroke—or if someone you know is having a stroke—call 911 immediately.



A. Thomas Graham, MD
System Division Chief
of Neurology,
Main Line Health

The capabilities of the Neurointerventional Lab will give us a whole new way of treating many neurological conditions. While brain imaging improved rapidly over the years, this technology only allowed us to see and diagnose problems in the brain.

Early in my career, there was very little we could do for patients who experienced neurological conditions such as brain aneurysm or stroke. Treatment for aneurysms previously involved opening the skull, and for many patients, the risks of this procedure outweighed the benefits. In the Neurointerventional Lab, many aneurysms requiring attention can now be treated by endovascular coiling, which is a minimally invasive technique that uses a catheter to reach the aneurysm in the brain.

Furthermore, the expertise that comes along with a Neurointerventional Lab will elevate care throughout the entire hospital. Every patient who walks through our doors stands to benefit from the enhanced skills shared by the nurses, anesthesiologists, and specialists in the Lab, whether they require the use of the Lab itself or some other form of expertise these providers offer.

Having seen the evolution of medicine over the past 42 years, I can also appreciate how the Lab will lay the groundwork for significant advancements in neurosciences in our community. For example, there is a lot of promising research around functional brain mapping, enhanced imaging with artificial intelligence, and deep brain stimulation. Neurology is really a wide-open area right now, so for Paoli to deliver the next generation of treatment modalities, we need to invest in the infrastructure for those programs today. It's exciting to me that our community and Paoli Hospital Foundation have made it a priority to support the development of the new Neurointerventional Lab as part of that investment.

THE headline

PHIL POTTER, MD WAS A BELOVED MEMBER OF THE PAOLI HOSPITAL STAFF whose generosity extended to philanthropic support. In 1995, the Paoli Foundation Board of Trustees honored Dr. Potter by creating *The H. Phelps Potter Society*.



PAOLI'S POTTER SOCIETY

25 YEARS OF GIVING BACK

REFLECT AND BE INSPIRED

A quarter century after the Paoli Hospital Foundation created the *H. Phelps Potter Society*, the collective impact of these generous annual donors is worth a reflection.

Paoli Hospital Foundation Trustee Lou Teti introduced the concept of an annual giving society to his fellow board members at a committee meeting in 1995.

“Philanthropy at Paoli has been essential to our beloved community hospital throughout its storied history and annual gifts are the cornerstone of our success,” Lou explained. “The Paoli Hospital Foundation Board and I were excited to offer a philanthropic leadership society through which the Foundation could recognize community leaders partnering with us to sustain the level of care our community rightfully deserves.”

The H. Phelps Potter Society was created to recognize gifts of \$1,000 or more from trustees, physicians, employees, and community donors who share a commitment to high-quality healthcare close to home.

The society was named after Phil Potter, MD. Dr. Potter is remembered for his commitment to attracting high quality clinicians to the medical staff, and for his efforts in recruiting a full complement of specialists and technologies long before other similar-sized community hospitals.

With the support of our Potter Society donors, this commitment to quality and specialized expertise continues today. The hospital has been recognized by U.S. News & World Report as high performing in the specialties of geriatrics, orthopedics, pulmonology and urology, and high performing in conditions and procedures including abdominal aortic aneurysm repair and knee replacement.

Subspecialties like cardiac electrophysiology and neurointerventional surgery are quickly evolving as the most sophisticated at Paoli Hospital today. The experts at Lankenau Heart Institute and Jefferson Neurosciences Network are among the many specialists and subspecialists practicing at Paoli Hospital.

To support these clinical advancements, plans are underway to renovate and equip existing shelved space in the hospital to create a new interventional suite with advanced technologies in cardiovascular and neurologic care. The new suite will accommodate a growing number of cardiac procedures and enable our doctors to perform more advanced, preventative procedures and life-saving neurointerventional treatments for stroke patients.

With the creation of the Potter Society 25 years ago came the recognition that the tradition of philanthropy is central to the history and future growth of Paoli Hospital. Looking back, the impact of these charitable gifts is most evident in the expansion of the hospital that was completed in 2009. Construction included a new Patient Care Pavilion, 12 Operating Rooms, and a new Emergency Department.

To support the expansion, the hospital received a total of \$16,675,000 from 659 community donors, including physicians, nurses, hospital employees, Trustees, volunteers, Paoli Hospital Auxiliary members, local corporations, and hundreds of grateful patients.

“The opening of Paoli Hospital’s new Pavilion marked the most ambitious expansion since the hospital relocated from West Chester to Paoli in 1968,” said Paoli Hospital surgeon Robert Fried, MD. “Seeing firsthand the commitment Paoli Hospital has had over the years to serving the surrounding community for the long term is the reason why I, and so many other physicians, staff and community members supported the expansion campaign. From the President on down, we see every day as an opportunity to help another human being and I have really grown to appreciate Paoli Hospital as a special place that, despite its growth, has managed to maintain a friendly, family atmosphere.”

While a transformative capital campaign certainly makes a strong case for charitable support, perhaps a more telling example of meaningful philanthropy is found in our loyal, annual donors. These gifts provide a source of financial support that allows for strategic investments throughout the hospital and helps to advance our patient-care mission in unparalleled ways.

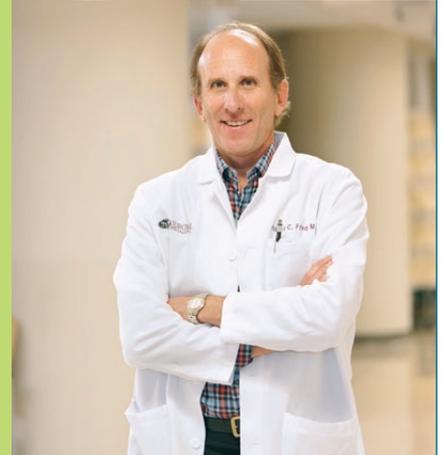
Over the years, annual gifts have supported staff training in the Emergency Department, equipment for our Regional Trauma Center, upgrades to the operating rooms, advancements in patient care in the Cancer Center at Paoli Hospital, and many other areas.



Top: Nurse Manager Jennifer Brockson, MSN, RN comforts a patient in Paoli Hospital.

Right: “Time and time again, I see patients who tell me they didn’t expect their hospital stay to be such a great experience. I support Paoli Hospital because I want this level of care for my patients and family.” - Robert Fried, MD

Over the past ten years, physicians and employees have contributed more than \$1,035,000 to Paoli Hospital.



Left: “In my role as Director of Nursing of Emergency and Surgical Services, I have the unique privilege of seeing firsthand how philanthropic gifts can support our nurses and help to fund important equipment upgrades.” - Bernadette Weis, DNP, RN

Right: “Most of my family was raised within two miles of Paoli Hospital. So, every patient feels like a friend of the family.” - Emergency Department Nurse Manager Bill Belmonte, MBA, RN

Since the founding of the Potter Society in 1995, the Paoli Hospital Foundation has received more than 3,500 gifts of more than \$1,000. To date, Potter Society members have donated \$2,131,191 to support the hospital’s new Neurointerventional Program.



Philanthropic support has allowed the hospital to continue to meet the needs of the growing population in our area. Over the past two decades, the number of patients served in the hospital's Emergency Department more than doubled. This past year, the hospital's Emergency Department cared for more than 40,000 patients needing treatment for issues ranging from accidental injuries, like falls or automobile accidents, to life-threatening conditions like heart attack or stroke. In recent months, our Emergency Department staff were among the clinicians on the front lines of the COVID-19 pandemic. An outpouring of support from generous donors throughout the community helped support staff and ensure their well-being during this difficult time.

Annual gifts from Potter Society members support the latest advancements in patient-care technology, which helps to create an environment that attracts the region's most talented physicians and expert staff. Ten years ago, the hospital opened the only Trauma Center in Chester County. The trauma team includes a 24-hour in-house trauma surgeon and dedicated staff, as well as a full range of required surgical specialists including neurosurgery, neurology, orthopedics and general surgery. Annually, the Trauma Center cares for approximately 1,400 traumatically injured patients.

In the operating room, the community has supported significant investments in robot-assisted technology and minimally invasive surgeries. Philanthropy also supported the purchase of a sophisticated UV-disinfection robot and just last year, charitable gifts from many leadership donors in our Potter Society supported an upgraded video-integration system for each of the operating rooms.

Like the Department of Surgery, the Cancer Center at Paoli Hospital has demonstrated a commitment to delivering the most sophisticated care possible, in a compassionate, community-based setting. By 1995, the Cancer Center at Paoli Hospital had achieved designation as a Community Clinical Oncology Program. A major achievement the following year was the expansion of the risk-assessment program that recruited women with high family risk of breast cancer and contributed to a genetic study that proved to be one of the most important of that decade. This designation as a Community Clinical Oncology Program continues today, offering our patients access to innovative clinical research for cancer prevention and treatment.

While every area of the hospital has been touched by philanthropy, special enthusiasm surrounds the gifts made to support the Family-Centered Maternity Unit. Looking back to 1995, the unit had just re-opened to include eight private labor, delivery, and recovery rooms and three private post-partum rooms. In the following years, charitable gifts helped to fund two expansions and most recently played an important role in the addition of a new Neonatal Intensive Care Unit. This past year, the 36-bed maternity unit welcomed 1,987 babies, which is nearly four times the number of babies delivered during the first year the unit opened in 1995-96.

Technology has certainly driven many of these changes in health care during the 21st century, however the fundamental values of health care—compassion and quality—have remain unchanged. The hospital's mission to serve the health care needs of our community is particularly evident in the programs designed to support our most vulnerable patients. Through partnerships with area free clinics, Paoli Hospital provides nearly \$3 million in free health care for almost 2,000 under-served patients in our community each year. Irene's Fund, a fund of the Paoli Hospital Foundation, is a lifeline for these vulnerable patients. The fund supports critical needs such as transportation costs, medical supplies, and prescriptions. To address the growing need of food insecurity, especially among the elderly, the fund also supports the purchase of healthy meals for needy patients upon discharge from Paoli Hospital.

Twenty-five years ago, the Potter Society was founded under the timeless principal of philanthropy, or the love of humanity. During this milestone anniversary of philanthropy at Paoli Hospital, our community was dealt an unprecedented challenge with the COVID-19 pandemic. From the beginning of this crisis, the tireless efforts of our physicians and staff were matched by the outpouring of support from donors and the community. The commitment to caring for those around us has never been stronger, just as the role of a community-based hospital has never been so important.

To support the hospital and join the *H. Phelps Potter Society*, visit www.mainlinehealth.org/phgiving.

The H. PHELPS POTTER Society

In 1995, members of the Paoli Hospital Foundation Board of Trustees honored Dr. Phil Potter by creating the *H. Phelps Potter Society* to recognize and thank donors who make annual contributions of \$1,000 or more. We are grateful to the many original Potter Society members who are still supporting the hospital today—some of whom are featured on the cover of this publication!

There are more than 200 current members of the *H. Phelps Potter Society* comprised of dedicated supporters from our community, staff, and physician leaders. Their charitable gifts support important new initiatives, as well as ongoing patient care programs and services not otherwise possible. Each year, with gratitude for their generosity, members of the Potter Society are invited to clinical lectures, special events with the hospital president, and a celebratory dinner so we may thank them. Members also receive a welcome packet and will receive a small care package if admitted to the hospital. Unless anonymity is requested, Potter Society members will be recognized on our Leaders Among Us wall outside the hospital gift shop.

As we commemorate the 25th anniversary of the founding of the Potter Society, even though we cannot gather in person this year, we sincerely thank all members for their commitment to Paoli Hospital. For more information on how you may support Paoli Hospital by joining this esteemed society, please call 484.565.1688 or visit mainlinehealth.org/phgiving.

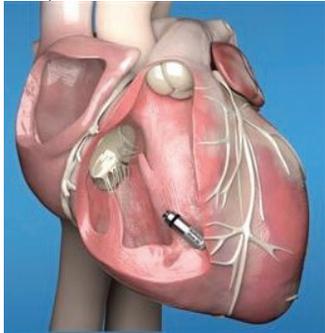
Top: Paoli Hospital Foundation Trustees Elaine Rinaldi Bailey, left, and Sandra Baldino enjoy a visit to the hospital.

Middle: The Free family visit with NICU Clinical Coordinator Evelyn Strickland.

Bottom: John Nash views a 'mock surgery' event for Potter Society members.



bold face



FIRST IN THE REGION TO INSERT TINY PACEMAKER

Electrophysiologist **Matthew Goldstein, MD**, achieved an exciting milestone earlier this year, when he was the first in the region to insert the world's smallest pacemaker, available for patients with atrioventricular block. The new device is about the size of a small vitamin—one-tenth the size of a traditional pacemaker.



MEET PAOLI'S MANAGER OF COMMUNITY HEALTH AND EQUITY

Florastine Byarms returns to Paoli Hospital after working at Lankenau Medical Center for the past five years as a Health Educator, then Injury Prevention and Outreach Coordinator. Before that, she worked as Unit Secretary and cross-trained as a Patient Care Tech at Paoli Hospital.



THANK YOU!

In response to the unprecedented challenges related to the **COVID-19 pandemic**, the Paoli Hospital community stepped up with energy and creativity to help each other through these times of uncertainty. With this extraordinary community backing our terrific team at Paoli, we continue to meet new challenges with a level of professionalism, compassion and skill on which our patients have learned to depend.



LIMR RESEARCHER RECEIVED LIFETIME ACHIEVEMENT AWARD FROM THE AMERICAN COLLEGE OF CARDIOLOGY

Charles Antzelevitch, PhD, professor and executive director of cardiovascular research at the Lankenau Institute for Medical Research (LIMR), received the 2020 Lifetime Achievement Award from the American College of Cardiology (ACC) for his groundbreaking research into abnormal heart rhythms.



PAOLI HOSPITAL RECOGNIZED BY CMS AS A 5-STAR HOSPITAL

Less than **five percent of hospitals** nationally receive this CMS Overall Hospital Quality Star rating. Paoli Hospital is one of only 292 hospitals in the nation that received this recognition.



Mistletoe and Magic Celebrates 25 Years!

The Paoli Hospital Auxiliary's major annual fundraising event honored the many exceptional men and women in our community, including Paoli Hospital Foundation Board Chair, Patty Holloway and Community Volunteers in Medicine's Vice President of Medical Affairs, Mary Wirshup, MD. The event raised \$200,000 to support Main Line Health's Women's Emotional Wellness Center in King of Prussia.

REMEMBERING BETTY MORAN

The Paoli Hospital Foundation remembers Betty Moran with great appreciation for her decades of service as a Trustee, steadfast supporter, and a dedicated ambassador. Betty's philanthropic spirit inspired generosity from her family and large circle of friends. She was an active Auxilian, supporting and participating in many of their popular events. Betty made it her business to care about people in need. Through her volunteer service and charitable support of organizations such as Paoli Hospital, she leaves behind an extraordinary legacy of caring that will be realized throughout our community for generations to come.

1. *Patty Holloway, left, with Cecily Tynan, 6ABC Action News, at the 2019 Mistletoe and Magic event.*
2. *Mistletoe and Magic Honoree Mary Wirshup, MD, FAFFP, Vice President of Medical Affairs, Community Volunteers in Medicine (center) celebrates the evening with her colleagues Susan Shughrue, Vice President, Medication Management (left) and Jody Hill, CRNP, Family Nurse Practitioner.*
3. *Paoli OB/GYN staff pose for photo at Mistletoe and Magic. From left to right: Jasmine Maroulis, Medical Assistant; Jamie Maturo, MBA, Practice Manager; Jennifer Manzo, Medical Assistant; Jennifer Gilbert, DO.*
4. *In memory of Betty Moran.*



A Premier Destination for

Mental and emotional well-being are integral to living a healthy and fulfilled life.

When individuals suffer with mental illness or substance use disorders, it impacts every aspect of their lives, as well as the lives of those around them. In the increasingly complex world in which we live, it's more important than ever to be able to rely on accessible, affordable, behavioral health services.

"Mental health affects each of us to varying degrees," says Michelle Mullany, system vice president of behavioral health at Main Line Health.

"It could be caused by unresolved grief, depression, life struggles, divorce, or pressure at work or at home. Many of us feel anxious, stressed and overwhelmed by social pressures and feelings of competitiveness. Social media has exacerbated these feelings, especially among children and adolescents. It's critical that everyone has access to treatment to address whatever level of distress they're going through."

Main Line Health has long been committed to serving the behavioral health needs of our community with state-of-the-art, evidence-based treatment, complemented by the compassionate care we are known for. Our offerings are robust, with a full range of programs and services to help those who are struggling with psychiatric conditions, addiction and other behavioral health issues. And we are in the process of enhancing and extending our current offerings to deliver even greater benefit and reach.

"I'm proud that Main Line Health is rising to meet the challenge of caring for every patient in our community, including those with behavioral health needs," says Jack Lynch, president of Main Line Health. "We've made a promise to our families, friends and neighbors that they will be seen when they walk through our doors. The investment we're making in behavioral health underscores our belief that health care is human care."

Patients are able to easily access behavioral health services across the Main Line Health system, be it through their primary care physician or specialist, using our secure online appointment request form, or calling 1.888.CARE.898 (1.888.227.3898).

"We're focused on creating an ecosystem comprising the highest quality psychiatrists, psychologists, social workers, counselors, addiction specialists and more, with the intent of offering treatment for every segment of the population across all levels of care," says Mullany. "Every member of our community should be able to answer the question, where do I go if I have mental health concerns?"

In March of 2020, Main Line Health opened a second Women's Emotional Wellness Center (WEWC) in King of Prussia, joining our already established WEWC in Newtown Square. These centers offer psychiatric evaluation and medication management, individual and group therapy, and intensive outpatient and partial hospitalization programs, to help patients cope with grief and loss, depression and anxiety, post-traumatic stress disorder, work and family stress, parenting challenges, marital difficulties, unexpected medical diagnoses and outcomes, and more.

For adults and adolescents over the age of 18 struggling with alcohol or drug addiction, Mirmont Treatment Center in Media provides inpatient detoxification, rehabilitation and dual-disorder treatment. We blend traditional approaches with integrative therapies to empower patients to achieve lifelong recovery, and we offer numerous specialty programs such as pain management, relapse prevention, trauma treatment, the Valor with Integrity Program for Emergency Responders (VIPER), LGBTQ inclusive care, treatment for pregnant women, family support services and an alumni association.

Our Mirmont Outpatient Centers in Broomall, Exton and Media serve patients, 14 years of age and older, who have mental health concerns and substance use disorders. Options include partial hospitalization programs, intensive outpatient programs, individual and group counseling at varying levels, and psychiatric evaluation and medication management, with specialty services for adolescents and adults.

Main Line Health's intensive inpatient psychiatric program, housed at Bryn Mawr Hospital, provides acute

Behavioral Health Services

stabilization, crisis intervention and dual-diagnosis treatment for individuals with mental health and substance use disorders. Additional offerings include psychiatric consultation services, and noninvasive treatments for depression such as electroconvulsive therapy and transcranial magnetic stimulation.

In February of 2020, we received approval from our Board of Governors to relocate and expand Main Line Health's Behavioral Health Unit at Bryn Mawr Hospital. The new state-of-the-art unit will increase the number of beds from 20 to 40, with private rooms and ample space for therapeutic programming and consultations with health care professionals.

"We're quadrupling the size of our Behavioral Health Unit," says Mullany. "This will allow plenty of room for complementary wellness programs such as exercise, yoga, meditation and mindfulness, and other integrative therapies that are paramount to lasting transformation. We're also creating a healing physical environment that can shift with the use of light, sound and aesthetics. There is no other psychiatric unit like this in the region."

Construction on the new unit is expected to begin in 2020, with an anticipated opening date in early 2022. In March of 2020, we launched the public phase of our \$10 million Behavioral Health capital campaign to support this \$34.7 million project. Unlike past fundraising endeavors, the capital campaign is a systemwide effort – the first of its kind for Main Line Health.

"It's essential to address the shortage of behavioral health beds across the Philadelphia region, and the need to expand programming and clinical capabilities for a broader array of patients," says Mullany. "A lot of mental illness stems from isolation and a lack of connection to others, which has intensified in the midst of the coronavirus pandemic. We're excited to create programs that will help establish feelings of connection, purpose and meaning in our lives, not just through medication, but emotionally, spiritually, psychiatrically and socially. The inpatient unit project is an important step in our longer-term plan to expand behavioral health services across a range of unmet needs."

The Main Line Health team is deeply passionate about supporting patients in every possible way, with team members completing extensive education and



training to serve the entirety of behavioral health needs. From inpatient to outpatient services, and women-focused programs to those specifically designed for adolescents, we offer every aspect and level of behavioral health care. And as a comprehensive health system with shared treatment philosophies and common access to medical records, we are able to offer a continuum of care that others cannot.

"We have so much to offer," says Mullany, "and we're just getting started. We want to deliver a multitude of new programs that will allow us to effectively treat the entire population, from helping the most acute patients to supporting people before a problem turns into a mental health crisis. We plan to build partnerships with local schools to deliver adolescent services that treat a variety of diagnoses and collaborate with other community organizations, such as colleges and assisted living facilities serving older adults. We'll be introducing the most advanced technologies, from genetic testing to virtual reality. No one else in this region offers such comprehensive services. We envision Main Line Health as a premier destination for all levels of emotional, psychiatric and behavioral well-being for every member of the community we serve."

We are profoundly grateful for your continued generosity, and hope you will consider supporting our behavioral health initiatives in a way that is meaningful to you. To learn more about how you can help, please contact Karrie Borgelt, senior vice president of development, at borgeltk@mlhs.org or 484.580.4144.

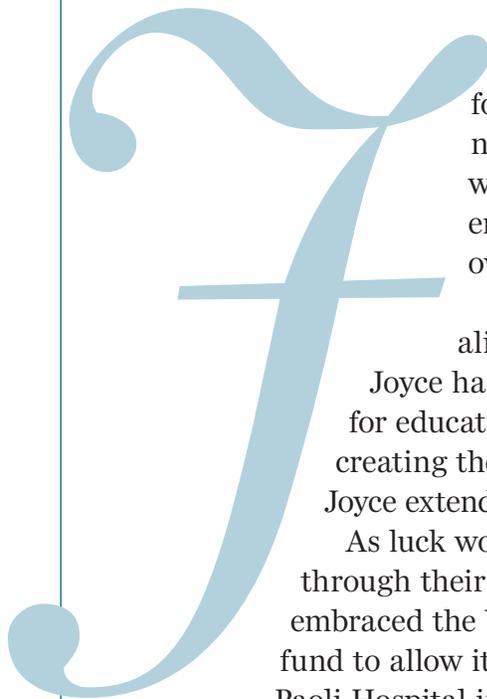
GIFTS AT work



BRAD AND JOYCE LAMSON-SCRIBNER admire the wall of plaques listing the John S. Willens Memorial Endowed Scholarship winners outside the ICU at Paoli Hospital.



JOYCE WILLENS LAMSON-SCRIBNER (third from left) joins 2019 Willens Memorial Endowed Scholarship winners, from left: Taylor Randall, Shawna Austin, Sarah Roberts, Morgan Thibodeau, and Matthew Alexy.



John Willens, MD was many things to many people: chief of anesthesiology for more than 20 years at Paoli Hospital, a talented sailor who loved to navigate, and the love of a young bedside nurse, Joyce, who became his wife and strong partner. To his colleagues he was also a mentor who encouraged their educational pursuits, and even paid their tuition from his own pocket when needed.

Following his untimely death in 1996, Joyce picked up the baton and kept alive his legacy of providing scholarship funds to Paoli Hospital employees.

Joyce had earned her Ph.D. in nursing education and deeply shared John's respect for education. She spent 34 years teaching nursing at Villanova University. By creating the John S. Willens Scholarship, which awarded its first grant in 1998, Joyce extended John's impact to a new generation.

As luck would have it, Joyce met her second husband, Brad Lamson-Scribner, through their mutual estate attorney. Brad, an investment advisor, wholeheartedly embraced the Willens Scholarship, and together he and Joyce set about endowing the fund to allow it to provide scholarships in perpetuity. The couple has even included Paoli Hospital in their estate plans to ensure the long-term success of the John S. Willens Memorial Endowed Scholarship.

Since its inception, 34 grateful employees have received \$62,500 in grants to further their education in fields ranging from nursing to nutrition to healthcare management. Each spring, Joyce, now joined by her niece Sarah, work with nursing management and the human resources department to ask for applications, review them carefully and award scholarships to five deserving Paoli Hospital employees who are furthering their education. Dr. John Willens would be proud. ■

THE back story

In the mid-eighties, as the world of healthcare evolved, it was realized that while a stand-alone community hospital was adequate, a system of hospitals could offer more resources and potential cost-savings. In anticipation of the changing face of healthcare, the Main Line Health System was formed on January 18, 1985, uniting Lankenau, Bryn Mawr and Bryn Mawr Rehabilitation Hospitals. Within a few months, Lankenau and Bryn Mawr approached Paoli Memorial Hospital suggesting it join Main Line Health as an equal partner.

In a letter to the Paoli Hospital “family,” then hospital President Mike Tomlinson wrote, “Changing government regulations, high insurance costs and the entry into the market of national health care providers have brought increasing pressure to bear on community hospitals. If Paoli Memorial Hospital and other small and medium-sized hospitals are to continue to be successful in serving their communities, either they must affiliate with one another or be absorbed into one of the large chains.”

In the same letter, he announced that the Paoli Hospital Foundation Board of Directors had voted unanimously on July 2, 1986 to affiliate with Lankenau Hospital, Bryn Mawr Hospital and Bryn Mawr Rehabilitation Hospital as a partner in the corporation known as Main Line Health. On July 14, the Board of Main Line Health approved the affiliation, expanding MLH’s service area farther into the western suburbs of Philadelphia. And it was further expanded when Riddle Hospital joined the system in 2007.



Today, Main Line Health comprises five hospitals, six health centers and more than 40 offices. A team of more than 10,000 employees and 2,000 physicians care for patients throughout the region, with support from more than 2,000 volunteers, as well as thousands of charitable donations, large and small, made each year from the community.

Contributions from individuals, employees and corporations are important sources of support that enable our physicians, nurses and patient care staff to provide excellent health care using the most advanced technology and treatment methods. As Paoli Hospital and Main Line Health continue to grow, it is the support of our caring community that helps ensure we can continue to provide the highest quality and most compassionate health care possible for years to come.



Main Line Health®
Paoli Hospital
Foundation

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 484.565.1385

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Three simple ways to support the Paoli Hospital Foundation!

1 VISIT OUR WEBSITE OR USE THE ENCLOSED ENVELOPE

With an outright gift or pledge totaling \$1,000 or more, you would be among our most generous leadership donors and invited to join the *H. Phelps Potter Society*. Please visit mainlinehealth.org/phgiving.

2 ASK YOUR EMPLOYER ABOUT THEIR MATCHING GIFT PROGRAM

Many employers will double or even triple the impact of their employees', spouses' and retirees' gifts.

3 CONSIDER THE HOSPITAL IN YOUR FINANCIAL PLANNING

By making the hospital a beneficiary of your IRA or including the hospital in your will, you will be recognized as a member of the Paoli Society. Call 484.565.1385 for more information about leaving a legacy to Paoli Hospital.